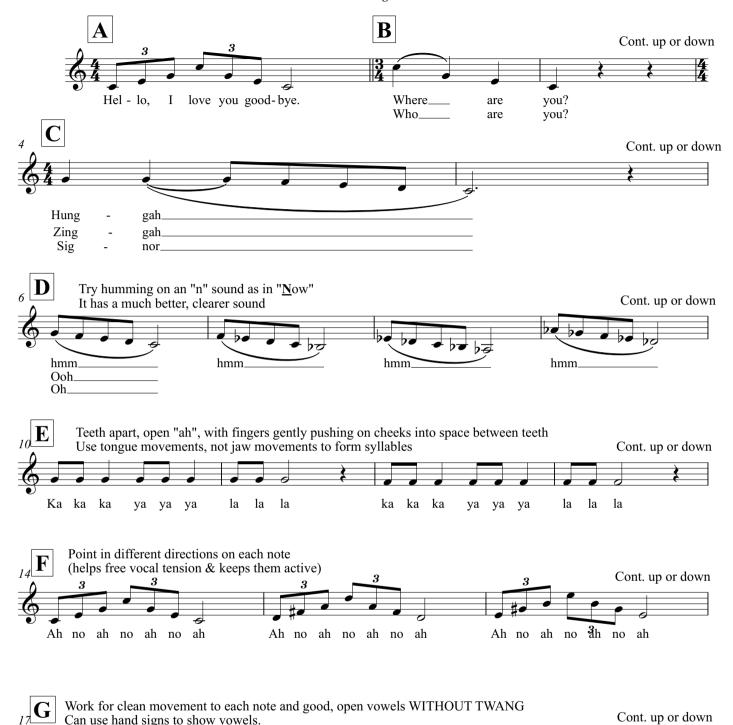
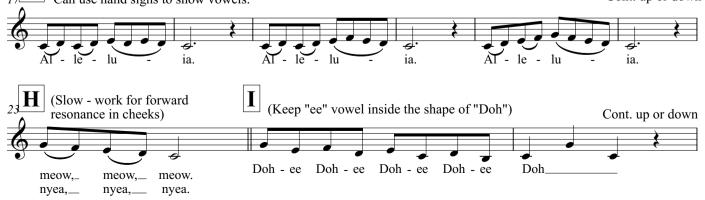
WARM UPS

HANDOUT #1

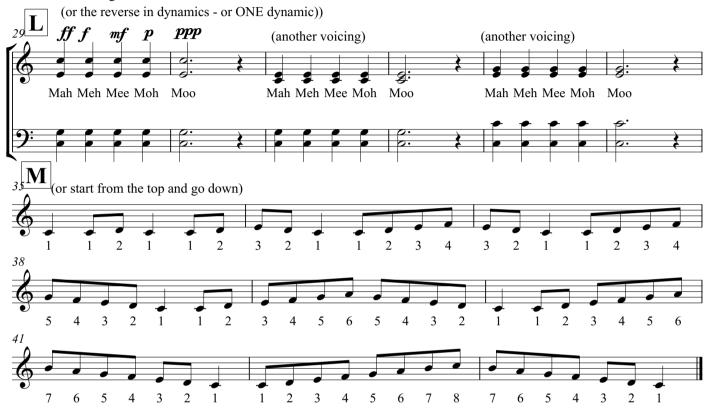
YouthCUE 2012 Jonathan Rodgers







Start each syllable exactly together and have good, open vowels WITHOUT TWANG. Also use hand signs to show vowels.



SOME THINGS TO CONSIDER:

- 1.) Have a purpose for each warm-up. Ask yourself, why am I doing this warm-up? or What do I want to do that I need a warm-up for?
- 2.) Do you listen to the sound of your choir during warm-ups? Really listen to them!
- 3.) Warm up the body, breath, sound, mind, and spirit in that order.
- 4.) Be creative. Create your own warm-ups.
- 5.) Warm-up time should be roughly 10% of your rehearsal time.
- 6.) Have it planned out in advance. Keep it moving. Don't let it get slow or stale.

Move around the room and stand in front of each section. Listen to the sections individually.

Have the students rate how the other section did. Create a little competition between the sections and the SEXES.

Go stand in the middle of the sections or walk up and down the rows on the chairs. Keep them on their toes.

- 7.) Connect warm-ups with something in the music that you are working on.
- 8.) Video tape your rehearsals. It is difficult to go back and review, but you are your toughest critic.
- 9.) For ENSEMBLES, really stretch them on the kind of sound they can produce together.
- 10.) Try moving students around and have them sing in mixed formation where parts aren't together.

Try different arrangements. Voices sound different next to different people. It's all about BLEND!!!!

11.) Do the widest variety of literature possible.